

Shrimp Tacos with Red Cabbage

Pepper Salad

What You'll Need

Shrimp Tacos

- > 8 large jumbo shrimp
- > 1 tsp ground cumin
- > 1 tsp chili powder
- > 1 tsp ground coriander
- > 1/4 tsp cayenne pepper
- > Sea salt to taste
- > 1 to 2 tbsp olive oil or butter
- > 4 soft flour tortillas

Dressing

- > 1/3 cup olive oil
- > 1 tbsp finely chopped red or white onion
- > 1/2 cup chopped fresh cilantro
- > 1 clove garlic, chopped (about 3 tsp)
- > Juice of 1 lime
- > 1 tbsp apple cider vinegar
- > 1/4 cup full-fat yogurt
- > Sea salt and black pepper to taste



Red Cabbage Pepper Salad

- > 3 cups shredded red cabbage
- > 1 1/2 cups sliced sweet bell pepper (red, yellow)
- > 1 cup shredded carrots

1 English cucumber (cut in quarters)

1 cup sliced and chopped fresh mango

1 1/2 cup chopped avocado pieces (peeled and pitted)

1. Make the salad by placing the cabbage, carrots, peppers, cucumber, mango and avocado in a bowl. Mix the dressing ingredients together.
2. To make the dressing place all the ingredients in a bowl and mix
3. Pour the dressing on the salad ingredients and mix. Set aside.
4. Prepare the shrimp by ensuring they are peeled and clean. Place in a bowl. Mix the cumin, chili powder, coriander, and cayenne together and add to the shrimp. Mix. Add a pinch of sea salt (more can be added later, if needed).
5. Heat the olive oil or butter in a saucepan over medium-high heat. Add the shrimp to the pan and sauté until they are cooked (5 to 7 minutes). Remove from the pan.
6. Place a tortilla on a plate. Scoop some of the salad and place it on the tortilla and spread it evenly over the surface, leaving some space around the edge. Top with two shrimps. Roll up the tortilla. Do this for the rest of the tortillas. Serve.